



Case In Point



PATIENT:

- Paula Robles, Age 60
- Barber, mother, daughter, and grandmother
- Called “Superwoman” by her husband, Phil

LOCATION:

- Lives on a farm 14 miles outside of Lexington, NE
- Treated at Lexington Regional Health



INSIGHTS:

- Trouble standing
- Loss of sight
- Slurred speech

DIAGNOSIS:

Stroke due to high blood pressure

RESULTS:

Dr. Wanahita from Teledigm Health and the team at Lexington Regional Health provided quick, calm, personal treatment.

Assessment

On the morning of September 10, 2020 – just three days after her daughter’s wedding – Paula was having trouble standing. She couldn’t see out of one eye, and her speech began to slur. After a call to her doctor, her husband Phil rushed her to the Lexington Regional Health Emergency Room. She was treated in person by the doctors and nurses with additional Telestroke specialists from Teledigm Health.

Lexington Regional Health uses Bryan Telemedicine specialists by way of partnering with Teledigm Health. Given the patient’s state upon arriving to the hospital, they focused on assessment and ongoing care from Neurologist, Dr. Anna Wanahita via Bryan Telemedicine with a final diagnosis of stroke due to high blood pressure.

“It was like Dr. Wanahita was in the room with us,” says Phil. “She was more than a “doc in a box”. She had a personality and talked medical lingo the way we could understand it. She seemed like somebody that we could have coffee with.”

“She was so wonderful,” says Paula. “She kept checking in with us every day, and she went over all the test results with us. She was really personable.”

Treatment

Paula didn’t have to leave Lexington to get the treatment she needed, which was very important to her and to her family. They knew their caretakers, and had access to a top neurologist via Teledigm Health. Phil could sleep at home and spend time with Paula during her three-day hospital stay.

By providing state-of-the-art innovation on-demand, Teledigm Health connects patients with specialists via telemedicine with hospital support staff and physicians close by. The goal is to keep patients where they feel most comfortable in their community and with their local doctors and care professionals.

“We’re very blessed that we had the opportunity to stay in the community for Paula’s treatment,” says Phil. “We don’t have to travel to get the best care. We got as good a care as anywhere with Lexington Health and Dr. Wanahita. We didn’t have to travel, get lodging, and have additional costs. We can get the care that we need right here.”

Patient Results

Paula is recovering well, and she is determined to avoid another stroke. She takes her blood pressure medicine, walks nearly every day, and goes to physical therapy.

“I’m still tired in the afternoon, and I nap every day,” says Paula. “Dr. Wanahita told us all the things I would experience, so I go back to that sheet all the time. I need to be reminded of that as I get a little foggy sometimes.”

